EQUIVALENT FORMULATIONS OF THE OXYGEN DEPLETION PROBLEM, OTHER IMPLICIT MOVING BOUNDARY VALUE PROBLEMS, AND IMPLICATIONS FOR NUMERICAL APPROXIMATION*

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Abstract. The oxygen depletion problem is an implicit moving boundary value problem. The dynamics allow topological changes in the moving boundary. We show several mathematical formulations of this model from the literature and give a new formulation based on a gradient flow with constraint. All formulations are shown to be equivalent. We explore the possibilities for the numerical approximation of the problem that arise from the different formulations. We show a convergence result for an approximation based on the gradient flow with constraint formulation that applies to the general dynamics including topological changes. More general (vector, higher order) implicit moving boundary value problems are discussed. Several open problems are described.

Key words. oxygen depletion, implicit moving boundary, gradient flow, variational inequality, capturing method

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1. Introduction. The oxygen depletion (OD) problem is a moving boundary value problem of implicit type. Implicit here means that the moving boundary is specified implicitly by an extra boundary condition rather than explicitly as an interface normal velocity as for a Stefan problem [\[26,](#page-25-0) [30,](#page-26-0) [22\]](#page-25-1).

The OD problem was introduced as a model of oxygen consumption and diffusion in living tissue but several other problems have a similar structure. Some of the early work is described in [\[6\]](#page-25-2) with a great deal of subsequent interest from the analysis and numerical research communities in [\[26,](#page-25-0) [24,](#page-25-3) [8,](#page-25-4) [2,](#page-25-5) [20\]](#page-25-6). Reference [\[20\]](#page-25-6) has a review of much of the previous work. In the current work, we pursue an understanding of the analysis of the OD problem as the simplest example of an implicit moving boundary value problem. We are motivated by an interest in the analysis and computation of a general class of implicit moving boundary value problems.

By way of introduction, we present the OD problem in one dimension for an unknown $u(x, t)$ for $x \in [0, s(t)]$ with a single moving boundary $x = s(t)$ and a no-flux condition $u_x = 0$ at $x = 0$. At the moving boundary, $u = 0$ and additionally $u_x = 0$. These two conditions implicitly define the moving boundary $x = s(t)$. The solution obeys

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$$
(1.1) \t\t\t u_t = u_{xx} - 1
$$

for $x \in [0, s(t)]$ and it is natural to extend $u \equiv 0$ for $x > s(t)$ in a $C¹$ continuous way. We consider positive initial conditions for u in $[0, s(0))$. This is one of the forms of the OD problem foreshadowed by the title. We consider several formulations in the literature and in new results we show they are all equivalent. We introduce a new formulation as the L^2 gradient flow with constraint on the energy from the elliptic obstacle problem. The obstacle problem has had considerable interest in the literature [\[10,](#page-25-7) [5,](#page-25-8) [31,](#page-26-1) [16,](#page-25-9) [21\]](#page-25-10), and in its simplest form, it is the steady state of the OD problem with nonhomogeneous boundary conditions.

Remark 1. We highlight that the extra boundary condition for implicit moving boundary value problems does not explicitly contain the interface velocity, hence this velocity is determined implicitly. For free (steady state) boundary problems, where the interface velocity is zero, the difference between implicit and explicit formulations disappears.

Remark 2. The OD problem is also known as the oxygen diffusion problem in the literature. We prefer the former name as it is the depletion, the second term on the right-hand side of [\(1.1\)](#page-0-0), rather than the diffusion, the first term on the right-hand side of [\(1.1\)](#page-0-0), that leads to the formation of moving boundaries.

We invite the reader to view computational examples of the dynamics in Figures [3.2,](#page-10-0) [3.3,](#page-15-0) and [3.4.](#page-16-0) Solutions of [\(1.1\)](#page-0-0) can go negative, but physically relevant values of concentration satisfy $u \geq 0$. In the one-dimensional (1D) case, preserving nonnegativity results in the break up or merger of intervals where $u > 0$ as shown in Figure [3.3.](#page-15-0) Topological change can be more complex in higher dimensions as seen in Figure [3.4.](#page-16-0) Some of the problem formulations we consider can handle topological changes while others cannot.

The paper is organized as follows. In section [2](#page-1-0) we present the different formulations and show their equivalence. In section [3](#page-1-0) we present two numerical schemes. One scheme gives high-accuracy solutions to the 1D problem without topological change. The other scheme, based on our new gradient formulation of the problem, can be applied in higher dimensions and can handle topological changes. A convergence proof for this new scheme is given. In section [4](#page-9-0) we present some other implicit moving boundary value problems of interest and indicate how our results can be extended to them, with some open questions. The analysis of a biharmonic problem with gradient flow structure follows directly from our new formulation of the OD problem. We end with a short summary that includes a list of open problems.

Notation We define the space $H_+^1(\Omega) := \{ u \in H^1(\Omega) : u \geq 0 \text{ a.e., } \frac{\partial u}{\partial n} |_{\partial \Omega} = 0 \}$. For simplicity we consider d-dimensional open connected bounded domain $\Omega = (0, 1)^d$ with homogeneous Neumann boundary conditions, where $d = 1, 2, 3$. We further denote \mathcal{J} to be a collection of functions $v \in L^2(0, T; H^1(\Omega))$ such that $v(t) \in H^1_+(\Omega)$ for almost all $t \in (0, T)$. In some instances, we denote the time derivative by $\dot{u}(t)$ and the space derivative in the 1D case by $u'(x)$. Given two quantities A and B, we use $A \lesssim B$ to denote that there exists a constant $C > 0$ such that $A \leq C \cdot B$.

2. Equivalent formulations.

2.1. 1D formulations without topological change.

2.1.1. Standard formulation in one dimension. The 1D OD problem with associated moving boundary and initial conditions is as follows:

(2.1)

$$
\begin{cases}\nu_t = u_{xx} - 1, & 0 \le x \le s(t), \\
u(x, t) = 0, & x > s(t), \\
u_x(0, t) = 0, & t > 0, \\
u(s(t), t) = u_x(s(t), t) = 0, & t > 0, \\
u(x, 0) = u_0(x), & 0 \le x \le 1, \\
s(0) = 1.\n\end{cases}
$$

We assume here that u_0 satisfies all necessary smoothness and compatibility assumptions needed in the analyses cited below. By literature convention, we consider here a problem with a fixed, no-flux boundary condition at $x = 0$ and only one moving boundary $s(t) > 0$. Uniqueness and lack of topological change when $u'_0 \leq 0$ follow from a modified maximum principle argument [\[8\]](#page-25-4).

Existence can be seen by considering $v = u_t$, which satisfies a standard Stefan problem [\[6\]](#page-25-2) with explicit interface velocity:

$$
\begin{cases}\nv_t = v_{xx}, & 0 \le x \le s(t), \\
v_x(0, t) = 0, & t > 0, \\
v(s(t), t) = 0, & v_x(s(t), t) = -\dot{s}(t), & t > 0, \\
s(0) = 1,\n\end{cases}
$$

with initial conditions $v(0, x) = u_t(x, 0) = u_0''(x) - 1$. One can check that the function $u = u_0(x) + \int_0^t v \, d\tau$ solves the OD problem. To prove existence and uniqueness of the Stefan problem, one can verify that the map

$$
\mathcal{T}(s)(t) := 1 - \int_0^t v_x(s(\tau), \tau) \, d\tau, \ T \ge t \ge 0,
$$

defines a contraction map [\[18\]](#page-25-11).

Remark 3. The reformulation in $v = u_t$ to an explicit moving boundary problem with interface velocity equal to $-v_x$ can be reinterpreted as a normal velocity for the problem for u with velocity equal to $-v_x = -u_{tx} = -u_{xxx}$.

2.1.2. Mapped domain formulation in one dimension. Considering the same smooth solutions without topological change in one dimension discussed above, we consider $s(t) > 0$ in $t \in [0, T]$, take $y = x/s(t)$, and reformulate the OD problem as

(2.2)
$$
u_{yy} + \dot{s}syu_y - s^2u_t - s^2 = 0
$$

with boundary conditions $u_y(0, t) = u(1, t) = u_y(1, t) = 0$. Over a short time period, we assume that $\dot{s}(t)$ and $s(t)$ are uniformly bounded, thus the linear operator is parabolic. Assuming $s(t)$ is known, uniqueness of u is not an issue; however, to prove uniqueness of the solution pair (u, s) , we introduce the map $\mathcal{G} : X \rightarrow Y$, where X is the closed subspace of $H^1(H^2([0, s(t)]); [0, T]) \times C^1([0, T])$ that solves the OD system and Y is the closed subspace of $H^1(H^2([0,1]); [0,T]) \times C^1([0,T])$ that solves the reformulated system,

$$
\mathcal{G}((u(x,t),s(t)) = (u(y,t),s(t)) := (U(y \cdot s(t),t),s(t)),
$$

A numerical method based on this formulation is presented in section [3.1.](#page-1-2) The computations in Figure [3.2](#page-10-0) are done with a method based on this formulation.

2.2. Higher dimensional formulations that allow topological change. A weak form of the solution can be introduced using a variational inequality approach [\(2.3\)](#page-3-0) [\[19,](#page-25-12) [23\]](#page-25-13). This is described in section [2.2.1](#page-3-1) below. We use this formulation as the basis for equivalence to the others. This formulation is amenable to approximation using the augmented Lagrangian method [\[14,](#page-25-14) [13\]](#page-25-15). We then introduce a new formulation as L^2 gradient flow with constraint on the energy from the elliptic obstacle problem in section [2.2.2.](#page-4-0) The computations in Figures [3.3](#page-15-0) and [3.4](#page-16-0) are done with a method based on this formulation. We show a regularized approach with parameter ϵ , similar to the approach in [\[2\]](#page-25-5), in section [2.2.3.](#page-7-0)

2.2.1. A parabolic variational inequality formulation. To proceed with the discussion of the problem in higher dimensions with topological changes, we consider the standard approach to weak solutions in this setting: a variational inequality formulation [\[17,](#page-25-16) [19\]](#page-25-12). This approach has been well studied and we describe results in the literature.

We consider the following problem: find a function $u \in \mathcal{J}$ with $u(0) = u_0 \in H^1_+(\Omega)$ that solves

(2.3)
\n
$$
\int_0^t \int_{\Omega} u_t \cdot (v - u) + \int_0^t \int_{\Omega} \nabla u \cdot \nabla (v - u)
$$
\n
$$
\geq \int_0^t \int_{\Omega} (u - v); \ \forall \ v \in \mathcal{J}, \ \text{a.e.} \ t \in (0, T).
$$

PROPOSITION 1. The variational inequality [\(2.3\)](#page-3-0) has at most one solution and in fact suppose u_1 and u_2 solve (2.3) with distinct initial conditions u_{10} and u_{20} ; then

\| u1 - u2\| L\infty (0,T;L2(\Omega)) \leq \| u10 - u2⁰ \| L2(\Omega) (2.4) .

Proof. Note $u_j \in \mathcal{J}$ satisfies [\(2.3\)](#page-3-0) for $j = 1,2$, in particular

$$
\int_0^t \int_{\Omega} \partial_t u_1 \cdot (u_2 - u_1) + \int_0^t \int_{\Omega} \nabla u_1 \cdot \nabla (u_2 - u_1) \ge \int_0^t \int_{\Omega} (u_1 - u_2),
$$

$$
\int_0^t \int_{\Omega} \partial_t u_2 \cdot (u_1 - u_2) + \int_0^t \int_{\Omega} \nabla u_2 \cdot \nabla (u_1 - u_2) \ge \int_0^t \int_{\Omega} (u_2 - u_1).
$$

Summing the two inequalities above and denoting $w = u_1 - u_2$, one has

$$
\int_0^t \int_{\Omega} \partial_t w \cdot w + \int_0^t \int_{\Omega} \nabla w \cdot \nabla w \le 0
$$

\n
$$
\implies \int_0^t \int_{\Omega} (w^2)_t \le 0 \implies ||w||_{L^{\infty}(0,T;L^2(\Omega))} \le ||w_0||_{L^2(\Omega)}.
$$

THEOREM 2.1. There exists a unique solution to the variational inequality (2.3) .

Note that this can be done by a standard monotone operator argument and we refer to [\[19\]](#page-25-12).

We show equivalance to the 1D formulations. Any smooth solution u to (2.1) must solve (2.3) in the 1D case and by uniqueness the solution to (2.3) therefore solves OD. To see this, we first observe that $u \geq 0$ and therefore $u \in \mathcal{J}$. Resulting from that, for any $v \in \mathcal{J}$ and for a.e. $t \in (0, T)$ by applying integration by parts we obtain that

$$
\int_0^t \int_0^1 u_t \cdot (v - u) + \int_0^t \int_0^1 u_x \cdot (v_x - u_x) = \int_0^t \int_0^{s(\tau)} (u_t - u_{xx})(v - u) \, dx \, d\tau
$$

=
$$
\int_0^t \int_0^{s(\tau)} (u - v) \, dx \, d\tau \ge \int_0^t \int_{\Omega} (u - v) \, dx \, d\tau
$$

2.2.2. A gradient flow formulation. In this section, we formulate the OD problem as the L^2 gradient of the energy from the elliptic obstacle problem. A formal calculation with

$$
\mathcal{E}(t) := \int_{\Omega} \left(\frac{1}{2} |\nabla u|^2 + u \right)
$$

leads to

$$
\frac{d\mathcal{E}}{dt} = -\int_{\Omega} (\Delta u - 1)^2
$$

after integration by parts. It is convenient to present the equivalence of the gradient flow formulation as the limit of implicit time steps as this gets us halfway to the convergence result for the fully discrete method described in section [3.2.](#page-3-2) The spatially continuous, time discrete solutions $u_n(x)$ approximates $u(x,nk)$, where k is a time step. We consider the following minimization problem for $u = u_{n+1}$ to the following energy functional:

(2.5)
$$
E[u] = \int_{\Omega} \frac{1}{2} |\nabla u|^2 + \frac{1}{2k} (u - u_n)^2 + u,
$$

where $u \in H_+^1(\Omega)$. Existence and uniqueness of the minimizer are guaranteed by the standard calculus of variation technique and convexity of the energy functional [\[27\]](#page-25-17).

Remark 4. By defining the discrete energy $\mathcal{E}^n := \int_{\Omega} \frac{1}{2} |\nabla u_n|^2 + u_n$, we can see that $\mathcal{E}^{n+1} \leq \mathcal{E}^n$. This can be derived by considering $E[u] = \int_{\Omega} \frac{1}{2} |\nabla u|^2 + u + \frac{(u - u_n)^2}{2k}$ with $E[u_{n+1}] \leq E[u_n]$. This gives the discrete gradient flow structure.

We will derive the corresponding Euler--Lagrange equation for the minimizing problem following the idea from [\[10\]](#page-25-7). We give an adapted proof in our case for completeness.

THEOREM 2.2. Suppose u_{n+1} is the unique minimizer to the energy minimizing problem [\(2.5\)](#page-4-1); then u_{n+1} is the (weak) solution to the following modified backward Euler scheme:

$$
\frac{u_{n+1} - u_n \cdot \chi_{\{u_{n+1} > 0\}}}{k} = \Delta u_{n+1} - \chi_{\{u_{n+1} > 0\}}.
$$

To begin with, we consider an equivalent energy minimizing problem:

(2.6)
$$
\tilde{E}[u] := \int_{\Omega} \frac{1}{2} |\nabla u|^2 + \frac{1}{2k} u^2 + \left(1 - \frac{u_n}{k}\right) u^+ + \frac{1}{2k} u_n^2
$$

subject to

$$
u \in \tilde{\mathcal{K}} := \bigg\{ v \in H^1(\Omega) : \frac{\partial v}{\partial n} |_{\partial \Omega} = 0 \bigg\},\
$$

where $u^+ = \max(u, 0)$.

LEMMA 2.3. There exists a unique $\tilde{u} \in \tilde{\mathcal{K}}$ such that

$$
\tilde{E}[\tilde{u}] = \min_{v \in \tilde{\mathcal{K}}} \tilde{E}[v];
$$

moreover, such \tilde{u} is the unique minimizer to [\(2.5\)](#page-4-1).

Proof. First, by a similar argument, the existence and uniqueness of this energy minimizing problem can be proved.

Now to show the equivalence of these two minimizing problems, we recall that the minimizer $u \geq 0$, so

$$
\min_{v \in H^1_+(\Omega)} E[v] = E[u] = \tilde{E}[u] \ge \min_{v \in \tilde{\mathcal{K}}} \tilde{E}[v].
$$

On the other hand, in order to show

$$
\min_{v \in \mathcal{K}} E[v] \le \min_{v \in \tilde{\mathcal{K}}} \tilde{E}[v],
$$

we note that for any $v \in \tilde{\mathcal{K}}$, the corresponding $v^+ \in H^1_+(\Omega)$. As a result,

$$
E[u] \le E[v^+] \le \tilde{E}[v]
$$

for any $v \in \tilde{\mathcal{K}}$, and therefore we get

$$
E[u] \le \min_{v \in \tilde{\mathcal{K}}} \tilde{E}[v].
$$

Now since $E[u] = \tilde{E}[u] = \min \tilde{E}[v]$, we have $\tilde{u} = u$ by the uniqueness.

It remains to derive the Euler--Lagrange equation for this new energy minimizing scheme.

PROPOSITION 2. Suppose u is the unique solution to the minimization problem [\(2.6\)](#page-4-2); then u is the (weak) solution to the following modified backward Euler scheme:

$$
\frac{u - u_n \cdot \chi_{\{u>0\}}}{k} = \Delta u - \chi_{\{u>0\}}.
$$

The proof of this result is found in Appendix [A.](#page-18-0)

We follow the idea in [\[3\]](#page-25-18) to formulate the minimization problem (2.5) as a variational inequality:

$$
(2.7) \ u \in H_+^1(\Omega): \int_{\Omega} \nabla u \cdot \nabla (v - u) + \frac{u}{k}(v - u) \, dx \ge \int_{\Omega} \left(\frac{u_n}{k} - 1 \right) \cdot (v - u) \, \forall v \in H_+^1(\Omega).
$$

To see the equivalence of the energy minimization and elliptic variational inequality we now state the proposition.

PROPOSITION 3. Any solution to the minimization problem (2.5) is also a solution to the variational inequality [\(2.7\)](#page-5-0) and vice versa.

 \Box

Proof. Suppose u is an energy minimizer to [\(2.5\)](#page-4-1). Let $v \in H^1_+(\Omega)$, and note that $H^1_+(\Omega)$ is convex; then $(1 - \lambda)u + \lambda v \in H^1_+(\Omega)$ for any $\lambda \in [0, 1]$. Using $(1 - \lambda)u + \lambda v$ as a competitor in $E[u] \leq E[(1 - \lambda)u + \lambda v]$, we can derive from the order $O(\lambda)$,

$$
\int_{\Omega} \nabla u \cdot \nabla (v - u) + \frac{u}{k}(v - u) \, dx \ge \int_{\Omega} \left(\frac{u_n}{k} - 1 \right) \cdot (v - u) \, \forall \ v \in H_+^1(\Omega).
$$

The reverse can be proved similarly.

 \Box

Note that this formulation uses convexity of $H^1_+(\Omega)$; the optimal regularity of u is $C^{1,1}_{loc}$.

THEOREM 2.4 (regularity). Suppose u is a solution to (2.5) (or (2.7)), then there exists a positive constant C such that

$$
\|\Delta u\|_{\infty} \leq C\left(1 + \frac{1}{k} \|u_n\|_{\infty} + \|\Delta u_n\|_{\infty}\right).
$$

Moreover, for each compact $K \subset \Omega$ there exists a positive constant $c(K) > 0$ such that

$$
\sup_{i,j} \sup_{x \in K} |D_{ij}u(x)| \le c(K).
$$

The proof follows from [\[3\]](#page-25-18), where a penalty argument is applied together with a nondegeneracy argument, for which we refer to Lemma 1.2 in [\[3\]](#page-25-18).

Remark 5. This upper bound can be improved by applying energy gradient flow. By $E[u] \leq E[u_n]$, we have

$$
\frac{1}{k}||u - u_n||_2^2 \le ||\nabla u_n||_2^2 + ||u_n||_1.
$$

By applying the penalty argument in [\[3\]](#page-25-18), we can derive that

$$
\|\Delta u\|_2 \le C(\|u_n\|_{H^2} + 1).
$$

Now we will show the energy minimization scheme has a limit, as the time step $k \rightarrow 0$, that solves the parabolic variational inequality [\(2.3\)](#page-3-0). We study the energy minimization scheme as in previous sections and by Proposition [3,](#page-5-1) it suffices to show the following lemma.

LEMMA 2.5 (Rothe's method). Recall that k is the small time step and suppose for each $j = 1, ..., M$, where $M = T/k$, u_j is the unique minimizer of $E_i(u)$ in $H^1_+(\Omega)$. Here $E_j(u)$ are defined similarly as in Theorem [2.2:](#page-4-3)

$$
E_j(u) := \int_{\Omega} \frac{1}{2} |\nabla u|^2 + \frac{1}{2k} (u - u_{j-1})^2 + u.
$$

Then $u = \lim_{k \to 0} u_M(x, t)$ exists and solves the parabolic variational inequality [\(2.3\)](#page-3-0). Here u_M is the associated linear interpolation in time defined by

$$
u_M(x,t) := (1 - \theta) \cdot u_j(x) + \theta \cdot u_{j+1}(x) \text{ for } t = (j + \theta)k, \ \theta \in [0,1).
$$

$$
(2.8) \qquad \int_{\Omega} \nabla u_j \cdot \nabla (v - u_j) + \frac{u_j}{k} (v - u_j) \, dx \ge \int_{\Omega} \left(\frac{u_{j-1}}{k} - 1 \right) \cdot (v - u_j) \, \forall \, v \in H^1_+(\Omega).
$$

Taking $v = u_{j-1}$, one can derive

$$
\langle \nabla u_j, \nabla (u_{j-1} - u_j) \rangle + \frac{1}{k} \langle u_j, u_{j-1} - u_j \rangle \ge \frac{1}{k} \langle u_{j-1}, u_{j-1} - u_j \rangle - \langle 1, u_{j-1} - u_j \rangle.
$$

Here and after we denote the L^2 inner product in Ω as $\langle \cdot, \cdot \rangle$. Similarly we take $v = u_j$ in the $j-1$ inequality:

$$
\langle \nabla u_{j-1}, \nabla (u_j - u_{j-1}) \rangle + \frac{1}{k} \langle u_{j-1}, u_j - u_{j-1} \rangle \ge \frac{1}{k} \langle u_{j-2}, u_j - u_{j-1} \rangle - \langle u_1, u_j - u_{j-1} \rangle.
$$

Adding the two inequalities above it follows that

$$
\frac{1}{k}||u_j - u_{j-1}||_2^2 + ||\nabla(u_j - u_{j-1})||_2^2 \le \frac{1}{k} \langle u_j - u_{j-1}, u_{j-1} - u_{j-2} \rangle.
$$

Note that when $j = 1$, we choose $v = u_0$ and hence

$$
\frac{1}{k} ||u_1 - u_0||_2^2 + ||\nabla(u_1 - u_0)||_2^2 \le |\langle \nabla u_0, \nabla(u_1 - u_0) \rangle| + |\langle 1, u_0 - u_1 \rangle|
$$

\n
$$
\le (||\Delta u_0||_2 + 1) \cdot ||u_1 - u_0||_2.
$$

Therefore we obtain that

$$
\left\|\frac{u_j - u_{j-1}}{k}\right\|_2 \le C
$$

for any $j = 1, ..., M$ and a positive absolute constant C. Note that $\dot{u}_M(t) =$ $\frac{u_{j+1}-u_j}{k}$; therefore by the Arzelà-Ascoli theorem, $u_M(t)$ converges to some function u in $C([0,T], L^2(\Omega))$. Then we can define

$$
\widetilde{u_M}(t) = u_j \text{ for } t \in [jk, (j+1)k),
$$

and similarly to Lemma [3.2](#page-12-0) and Remark [7,](#page-12-1) $\widetilde{u_M}$ converges to the same u. Indeed, ∇u_M converges to ∇u weakly in $L^2((0,T), L^2(\Omega))$. As a result we can rewrite [\(2.8\)](#page-7-1) as follows: for any $v \in H^1_+(\Omega)$, we have

(2.9)
$$
\langle u_M(t), v(t) - \widetilde{u_M}(t) \rangle + \langle \nabla \widetilde{u_M}, \nabla (v - \widetilde{u_M}) \rangle \ge -\langle 1, v - \widetilde{u_M} \rangle
$$

for a.e. $t \in (0, T)$. It then implies that for arbitrary $\tau_1 < \tau_2$ in $[0, T]$,

$$
(2.10)\,\int_{\tau_1}^{\tau_2} \langle u_M(t), v(t) - \widetilde{u_M}(t) \rangle + \langle \nabla \widetilde{u_M}, \nabla (v - \widetilde{u_M}) \rangle \, dt \ge -\int_{\tau_1}^{\tau_2} \langle 1, v - \widetilde{u_M} \rangle \, dt,
$$

letting $k \rightarrow 0$, we derive the desired result

(2.11)
$$
\int_{\tau_1}^{\tau_2} \langle \dot{u}(t), v(t) - u(t) \rangle + \langle \nabla u, \nabla (v - u) \rangle dt \ge - \int_{\tau_1}^{\tau_2} \langle 1, v - u \rangle dt
$$

for almost every $\tau_1 < \tau_2$ in [0, T].

$$
\Box^-
$$

2.2.3. A regularized formulation. We introduce a formulation using a regularization method with parameter ϵ proposed first in [\[2\]](#page-25-5). Here, we will see the convergence in regularized solutions $u_\epsilon(x, t)$ as $\epsilon \rightarrow 0$ to the other OD formulations. Its analysis is simplified since the approximating problems avoid handling the moving interfaces directly. We include this approach for completeness. While there is theoretical insight to be gained from this formulation, it is unattractive for numerical approximation for application purposes as moving interface locations are not easily identified from $\epsilon > 0$ results.

(2.12)
$$
\partial_t u_{\epsilon} = \Delta u_{\epsilon} - f_{\epsilon}(u_{\epsilon}),
$$

where

(2.13)
$$
f_{\epsilon}(u_{\epsilon}) = \begin{cases} 1, & u_{\epsilon} > \epsilon, \\ \frac{u_{\epsilon}}{\epsilon}, & u_{\epsilon} \leq \epsilon, \end{cases}
$$

with the same initial condition $u_0(x)$. Note that the nonlinear term f_{ϵ} is Lipschitz in u_ϵ and therefore by standard arguments u_ϵ are classical solutions in $C^1((0,T); C^2(\Omega))$ for each $\epsilon > 0$ with $u_{\epsilon}(x, t) > 0$ for all $x \in \Omega$ and $t > 0$.

We consider u_{ϵ_1} and u_{ϵ_2} with $\epsilon_1 < \epsilon_2$. Denote their difference by $w = u_{\epsilon_1} - u_{\epsilon_2}$; then

$$
\partial_t w - \Delta w = -f_{\epsilon_1}(u_{\epsilon_1}) + f_{\epsilon_2}(u_{\epsilon_2}).
$$

Note that

(2.14)
$$
-f_{\epsilon_1}(u_{\epsilon_1}) + f_{\epsilon_2}(u_{\epsilon_2}) = \begin{cases} 0 & \text{if } u_{\epsilon_1} > \epsilon_1, u_{\epsilon_2} > \epsilon_2, \\ -\frac{u_{\epsilon_1}}{\epsilon_1} + 1 & \text{if } u_{\epsilon_1} \leq \epsilon_1, u_{\epsilon_2} > \epsilon_2, \\ -1 + \frac{u_{\epsilon_2}}{\epsilon_2} & \text{if } u_{\epsilon_1} > \epsilon_1, u_{\epsilon_2} \leq \epsilon_2, \\ -\frac{u_{\epsilon_1}}{\epsilon_1} + \frac{u_{\epsilon_2}}{\epsilon_2} & \text{if } u_{\epsilon_1} \leq \epsilon_1, u_{\epsilon_2} \leq \epsilon_2. \end{cases}
$$

We observe that

$$
-1 + \frac{u_{\epsilon_2}}{\epsilon_2} \le 0 \t\t \text{if } u_{\epsilon_1} > \epsilon_1, \ u_{\epsilon_2} \le \epsilon_2,
$$

$$
-\frac{u_{\epsilon_1}}{\epsilon_1} + \frac{u_{\epsilon_2}}{\epsilon_2} = -\frac{w}{\epsilon_1} + u_{\epsilon_2} \cdot \left(\frac{1}{\epsilon_2} - \frac{1}{\epsilon_1}\right) \t\t \text{if } u_{\epsilon_1} \le \epsilon_1, \ u_{\epsilon_2} \le \epsilon_2,
$$

$$
u_{\epsilon_1} < u_{\epsilon_2} \t\t \text{if } u_{\epsilon_1} \le \epsilon_1, \ u_{\epsilon_2} > \epsilon_2,
$$

so if we assume the maximal value of w is achieved at (x_0, t_0) with $x_0 \in \Omega$ and $t_0 > 0$, then $w(x_0, t_0) > 0$, $\partial_t w(x_0, t_0) = 0$, and $\Delta w(x_0, t_0) \leq 0$. Then the standard maximum principle gives a partial result of the following statement.

THEOREM 2.6. Given a family of classical solutions $\{ u_{\epsilon} \}_{\epsilon}$ in $C^1((0,T); C^2(\Omega))$ that solve [\(2.12\)](#page-8-0), then u_{ϵ} is monotonically decreasing as ϵ decreases to 0. Moreover, the limiting function

$$
\lim_{\epsilon \to 0} u_{\epsilon} = u
$$

holds pointwise. This limiting function u solves the variational inequality (2.3) .

The details of the proof can be found in Appendix [B.](#page-20-0) An alternate convergence statement and proof are given in Appendix [C.](#page-23-0)

2.3. Conjecture on the general dynamics in one dimension. We make the following plausible conjecture for the general dynamics (including topological changes) of the Cauchy problem in one dimension with initial conditions $u_0(x) \in H^1_+(\Omega)$ with compact support. Here, we consider the problem for all space rather than half space with a no-flux condition at $x = 0$.

CONJECTURE 1. Assume u_0 has a finite $\mathcal{S} (0)$ where $\mathcal{S} (t)$ counts the number of moving boundary points:

 $\mathcal{S}(t) = \{ x : u(x, t) = 0 \text{ and } u(y, t) > 0 \text{ for some } y \text{ in every neighborhood of } x\}.$

Then

- (i) $S(t)$ is finite for every $t > 0$,
- (ii) there exists a finite increasing sequence of times t_j , $j = 0, \ldots, M$, with $t_0 = 0$ and card $\mathcal{S}(t) := n_j$ constant on every interval (t_j , t_{j+1}) and $u \equiv 0$ for $t \geq t_M$,
- (iii) $S(t) = \{ s_1(t) < s_2(t) < \dots s_{n_j}(t) \}$ for $s_l(t)$ smooth on $(t_j, t_{j+1}),$
- (iv) $u(\cdot , t)$ is in $C^1(\Omega)$ for any $t > 0$ and in $C^{\infty}(\Omega)$ except at moving boundary points.

Recent related results have been shown for the Stefan problem [\[9\]](#page-25-20). Similar analysis of the OD problem is complicated by the reaction term that allows the formation of new zones of constraint $(u \equiv 0)$.

3. Numerical approximation. We consider two numerical methods. The first, suitable for 1D dynamics without topological change, is based on the mapped domain formulation described in section [2.1.2.](#page-2-1) The second, suitable for dynamics in higher dimensions including topological change, is based on our new gradient formulation described in section [2.2.2.](#page-4-0) We prove convergence of this scheme.

3.1. Mapped domain (Y formulation) method. We consider the discretization of the mapped domain formulation [\(2.2\)](#page-2-0) in space using cell centered finite differences. We first discretize in space, leaving time continuous (known as a method of lines (MoL) discretization) with approximations $u^{j}(t) \approx u((j - 1/2)h, t), j = 1, ..., N$, where h is the uniform grid spacing with N subintervals of $y \in [0, 1]$. The interface location $s(t)$ is approximated by $S(t)$.

Boundary conditions are implemented using ghost points [\[29\]](#page-26-2) $u^0(t) \approx u(-h/2, t)$ and $u^{N+1}(t) \approx u(1 + h/2, t)$ depicted in Figure [3.1.](#page-9-1) Boundary conditions at $y = 1$ are implemented using second order averages and differences,

Fig. 3.1. Cell centered finite difference spatial approximation of the 1D mapped domain formulation.

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$$
(3.1) \t\t\t (uN+1 + uN)/2 = 0,
$$

$$
(3.2) \t\t\t (u^{N+1} - u^N)/h = 0,
$$

which implies that $u^N = u^{N+1} = 0$. The no-flux boundary condition at $y = 0$ is approximated similarly. The MoL discretization for the interior equations is

(3.3)
$$
D_2 u^j + S \dot{S} y D_1 u^j - S^2 \dot{u}^j - S^2 = 0,
$$

where D_2 and D_1 are the standard centered second order finite difference operators. The system (3.1) , (3.2) , (3.3) is a differential algebraic equation (DAE) [\[1\]](#page-25-21) and has index one. For computational results, we use implicit (backward) Euler time stepping with Newton iterations for the resulting nonlinear system at each time step. In a computational study, we observe errors of size $O(h^2) + O(k)$ where k is the time step, as expected for a second order spatial and a first order temporal discretization.

Remark 6. The convergence of the method has not been proved.

3.1.1. Computational results. Examples of the dynamics computed with the DAE formulation in the mapped region are shown in Figure [3.2.](#page-10-0) The left figure shows the solution with initial conditions $u_0(x) = (1-x)^2/2$ for $x \in [0, 1]$ considered often in the literature. It is the steady state of the problem forced with flux condition $u_x = -1$ at $x = 0$ [\[6\]](#page-25-2). In this solution, $s(t)$ moves monotonically to the left. The solution in this formulation ends when $s(T) = 0$ ($u \equiv 0$). A specialized method in this general framework was developed in [\[20\]](#page-25-6) to accurately compute both the solution and the end time T of the dynamics. Our mapped formulation breaks down as $t \rightarrow T$. The right computation of Figure [3.2](#page-10-0) with initial conditions $u_0 = -x^4 + 3x^3 - 5x^2/2 + 1/2$ for $x \in [0, 1]$ shows that $s(t)$ does not have to be monotone decreasing. Here, $s(t)$ initially moves to the right driven by diffusion and then to the left as u values decrease due to the consumption term.

3.2. Gradient flow method. In this section, we continue the discretization of the gradient flow formulation from section [2.2.2](#page-4-0) and discretize in space with $u_n^{i,j} \approx$ $u(ih, jh, nk)$. We consider the discretization in two spatial dimension for ease of

Fig. 3.2. 1D solutions of the OD problem without topological change. Left: initial conditions $u_0(x) = (1-x)^2/2$ (standard problem in the literature), $s(t)$ decreases monotonically. Right: initial conditions $u_0(x) = -x^4 + 3x^3 - 5x^2/2 + 1/2$, s(t) initially moves to the right driven by diffusion and then to the left as u values decrease due to the consumption term.

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Downloaded 02/27/23 to 202.120.234.94 . Redistribution subject to SIAM license or copyright; see https://epubs.siam.org/terms-privacy Downloaded 02/27/23 to 202.120.234.94 . Redistribution subject to SIAM license or copyright; see https://epubs.siam.org/terms-privacy presentation but the argument extends to other dimensions. The energy minimization problem [\(2.5\)](#page-4-1) is approximated by the discrete minimization of

(3.4)
$$
E_{n+1}^{N} = \frac{h^2}{2} \sum_{i,j=0}^{N-1} \left(\left(\frac{u^{i+1,j} - u^{i,j}}{h} \right)^2 + \left(\frac{u^{i,j+1} - u^{i,j}}{h} \right)^2 \right) + h^2 \sum_{i,j=0}^{N} \left(\frac{1}{2k} \left(u^{i,j} - u_n^{i,j} \right)^2 + u^{i,j} \right),
$$

where N is the number of grid points with $N = 1/h$, assuming without loss of generality that all positive values of u are captured in $(0, 1) \times (0, 1)$. We solve this minimization problem subject to all nonnegative discrete data:

$$
\vec{u}_{n+1}^N := \left(u_{n+1}^{1,1}, u_{n+1}^{2,1}, \ldots, u_{n+1}^{N,1}, u_{n+1}^{1,2}, \ldots, u_{n+1}^{N,N}\right).
$$

This is a convex, quadratic minimization problem with linear inequality constraints and so has a unique global minimum. We show below that the solution to the discrete optimization problem converges to the OD solutions as $h, k \rightarrow 0$. In section [3.2.1](#page-3-1) we discuss the technique we use to solve the discrete optimization problem. Denoting $M = T/k$, we use $\{ \vec{u}_n\}_{n=1}$ to define an approximate solution:

(3.5)
$$
u_{N,M}(x,t) := \begin{cases} (1-t) \cdot u_0(x) + t \cdot u_1^N(x) & \text{for } t \in [0,k), \\ \dots \\ (1-t) \cdot u_m^N(x) + t \cdot u_{m+1}^N(x) & \text{for } t \in [mk, (m+1)k), \\ \dots \\ (1-t) \cdot u_{M-1}^N(x) + t \cdot u_M^N(x) & \text{for } t \in [(M-1)k, T], \end{cases}
$$

where $u_0(x)$ is the initial condition and for $1 \leq m \leq M$ and u_m^N is the linear (bilinear) approximation function. In particular when $x = (x_1, x_2) \in [ih,(i+1)h)\times [jh,(j+1)h)$ we define u_m^N as follows:

(3.6)

$$
u_m^N(x_1, x_2) = h^{-2} \Big(u_m^{i,j}((i+1)h - x_1)((j+1)h - x_2) + u_m^{i,j+1}((i+1)h - x_1)(x_2 - jh) + u_m^{i+1,j}(x_1 - ih)((j+1)h - x_2) + u_m^{i+1,j+1}(x_1 - ih)(x_2 - jh) \Big).
$$

Therefore we have when $(x_1, x_2) \in (ih,(i + 1)h) \times (jh,(j + 1)h)$

$$
\partial_1 u_m^N(x_1, x_2) = h^{-2} \left((u_m^{i+1,j} - u_m^{i,j})((j+1)h - x_2) + (u_m^{i+1,j+1} - u_m^{i,j+1})(x_2 - jh) \right),
$$

\n
$$
\partial_2 u_m^N(x_1, x_2) = h^{-2} \left((u_m^{i,j+1} - u_m^{i,j})((i+1)h - x_1) + (u_m^{i+1,j+1} - u_m^{i+1,j})(x_1 - ih) \right).
$$

Therefore, by direct computation we obtain that

$$
(3.7) \quad \int_{jh}^{(j+1)h} \int_{ih}^{(i+1)h} (\partial_1 u_m^N)^2 \ dx_1 dx_2 = \frac{1}{3} (u_m^{i+1,j} - u_m^{i,j})^2 + \frac{1}{3} (u_m^{i+1,j+1} - u_m^{i,j+1})^2 + \frac{1}{3} (u_m^{i+1,j+1} - u_m^{i,j+1}) (u_m^{i+1,j} - u_m^{i,j}).
$$

Moreover the pointwise limit

$$
(3.8) \t\t\t u_m = \lim_{N \to \infty} u_m^N
$$

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exists. For convenience we also define

(3.9)
$$
\widetilde{u_m^N}(x) := \sum_{i,j=1}^N u_m^{i,j} \cdot \chi_{((i-1)h,ih)}(x_1) \chi_{((j-1)h,jh)}(x_2),
$$

where χ_I is the characteristic function on the interval I. We also define

(3.10) $u_M(x, t) := (1 - t) \cdot u_m(x) + t \cdot u_{m+1}(x)$ for $t \in [mk,(m + 1)k)$.

Remark 7. We observe that both approximations $u_m^N(x)$ and $u_m^N(x)$ will converge to the same limit in $L^2(\Omega)$ as $N \to \infty$ and similarly for $u_{N,M}(x, t)$ and $\widetilde{u_{N,M}}(x, t)$ as $N \rightarrow \infty$. The Arzelà-Ascoli theorem and the finite energy assumption then imply the uniform convergence as in Lemma [2.5.](#page-6-0)

THEOREM 3.1. Suppose \vec{u}_{n+1}^N solves the discrete minimization problem [\(3.4\)](#page-11-0); then for any $(x, t) \in \Omega \times (0, T)$ we have

$$
u(x,t) = \lim_{M \to \infty} \lim_{N \to \infty} u_{N,M}(x,t)
$$

with $h = 1/N$ and $k = T/M$ in J, where $u_{N,M}(x, t)$ is defined in [\(3.5\)](#page-11-1). Moreover u is the solution to the variational inequality (2.3) , that is,

$$
\int_0^t \int_{\Omega} u_t \cdot (v - u) + \int_0^t \int_{\Omega} \nabla u \cdot \nabla (v - u)
$$

\n
$$
\geq \int_0^t \int_{\Omega} u - v; \ \forall \ v \in \mathcal{J}, \ \text{a.e.} \ t \in (0, T).
$$

The proof relies on two lemmas. To start with, we give definitions of gamma convergence of energy functionals shown in Lemma [3.2](#page-12-0) as given in [\[7\]](#page-25-22).

DEFINITION 1 (Gamma convergence). We say that the sequence of functionals $\{ \mathcal{E}_l\} : X \rightarrow \Bbb R \cup \{ - \infty , +\infty \}$ where X is a metric space, Γ -converges to \mathcal{E} if the following conditions are satisfied:

i whenever $x_l \rightarrow x, \mathcal{E} (x) \leq \liminf_l \mathcal{E}_l(x_l);$

ii for any $x \in X$, there exists $x_l \rightarrow x$ in X such that lim sup $\mathcal{E}_l(x_l) \leq \mathcal{E} (x)$.

The following is a relevant property of Γ -convergence.

PROPOSITION 4. Suppose X is a metric space and there exists a sequence of functionals \mathcal{E}_l defined in X that Γ -converges to \mathcal{E} . Assume that for each l, x_l is a minimizer of $\mathcal E_l$. If $\bar x$ is a cluster point of $\{ x_l\}$, then $\bar x$ is a minimizer of $\mathcal E$.

We refer for the proof to [\[7,](#page-25-22) Corollary 7.20]. We then consider the following energy functional:

$$
E_{n+1}(u_{n+1}) = \int_{\Omega} \frac{1}{2} |\nabla u_{n+1}|^2 + \frac{1}{2k} (u_{n+1} - u_n)^2 + u_{n+1},
$$

where $u_{n+1}(x)$ is defined in [\(3.8\)](#page-11-2).

LEMMA 3.2 (Gamma convergence of discrete functionals). For each n, E_{n+1}^N Γ -converges to E_{n+1} as $N \rightarrow \infty$ or equivalently $h \rightarrow 0$ in $L^2(\Omega)$.

Proof of Lemma 3.2. We follow the proof in [\[7\]](#page-25-22).

To show (i), let $u_{n+1}^N \in L^2(\Omega)$ such that lim inf $E_{n+1}^N(u_{n+1}^N) < +\infty$ and therefore there exists a subsequence $u_{n+1}^{N_l}$ such that $\lim E_{n+1}^{N_l}(u_{n+1}^{N_l}) = \liminf E_{n+1}^{N_l}(u_{n+1}^{N_l})$. For each l, there exists a mesh of grid points and a vector $\vec{u}_{n+1}^{N_l}$ ($\in \mathbb{R}^{N_l+2} \times \mathbb{R}^{N_l+2}$ in the 2D Neumann boundary condition case) such that the corresponding $u_{n+1}^{N_l}(x)$ is defined in [\(3.5\)](#page-11-1)–[\(3.6\)](#page-11-3). Then by Remark [7,](#page-12-1) both $u_{n+1}^{N_l}$ and $\widetilde{u_{n+1}^{N_l}}$ converge to the same limit u in L^2 . By [\(3.7\)](#page-11-4) we also have

$$
h^2 \sum_{i,j=0}^{N_l-1} \left(\left(\frac{u_{n+1}^{i+1,j} - u_{n+1}^{i,j}}{h} \right)^2 + \left(\frac{u_{n+1}^{i,j+1} - u_{n+1}^{i,j}}{h} \right)^2 \right) \ge \int_{\Omega} |\nabla u_{n+1}^{N_l}|^2.
$$

Thus

$$
\int_{\Omega} |\nabla u|^2 \le \lim_{l} \int_{\Omega} |\nabla u_{n+1}^{N_l}|^2
$$
\n
$$
\le \liminf_{N} h^2 \sum_{i,j=0}^{N-1} \left(\left(\frac{u_{n+1}^{i+1,j} - u_{n+1}^{i,j}}{h} \right)^2 + \left(\frac{u_{n+1}^{i,j+1} - u_{n+1}^{i,j}}{h} \right)^2 \right).
$$

On the other hand,

 \cdot

$$
h^{2} \cdot \sum_{i,j=0}^{N_l} \left(\frac{1}{2k} \left(u_{n+1}^{i,j} - u_n^{i,j} \right)^{2} + u_{n+1}^{i,j} \right) = \int_{\Omega} \frac{1}{2k} (\widetilde{u_{n+1}^{N_l}} - \widetilde{u_n^{N_l}})^{2} + \widetilde{u_{n+1}^{N_l}}.
$$

Applying the uniform convergence we obtain that

$$
\int_{\Omega} \frac{1}{2k} (u - u_n)^2 + u \le \lim_{k} \int_{\Omega} \frac{1}{2k} (\widetilde{u_{n+1}^{N_i}} - \widetilde{u_n^{N_i}})^2 + \widetilde{u_{n+1}^{N_i}} \le \liminf_{N} h^2
$$

$$
\cdot \sum_{i,j=0}^{N} \left(\frac{1}{2k} \left(u_{n+1}^{i,j} - u_n^{i,j} \right)^2 + u_{n+1}^{i,j} \right).
$$

These two estimates lead to $E_{n+1}(u) \leq \liminf E_{n+1}^{N}(u_{n+1}^{N}).$

It remains to prove (ii). Suppose $u \in L^2$ with $E_{n+1}(u) < +\infty$, so $u \in H^1$. We then define $u_{n+1}^{i,j} := u(\frac{i}{N}, \frac{j}{N})$, which defines the vector \vec{u}_{n+1}^N with the piecewise linear (bilinear) approximation $u_{n+1}^N(x)$ and piecewise constant approximation $\widetilde{u_{n+1}^N}(x)$. By the finite energy assumption, the Arzelà-Ascoli theorem then guarantees the uniform convergence as in Remark [7.](#page-12-1) It then follows that

$$
\limsup E_{n+1}^N(u_{n+1}^N) \le E_{n+1}(u).
$$

The 1D and 3D cases can be treated similarly.

 \Box

As a result of Lemma [3.2](#page-12-0) and Proposition [4,](#page-12-2) we obtain the following corollary immediately.

COROLLARY 3.3. Suppose u_{n+1}^N are minimizers of E_{n+1}^N ; then u_{n+1}^N converges to a function u_{n+1} in $L^2(\Omega)$ up to a subsequence as $h \to 0$ and such that u_{n+1} is the minimizer of E_{n+1} .

Now that $u_m := \lim_N u_m^N$ is the minimizer of the continuous functional E_m for $m =$ $1, \ldots, M$, it remains to show that $u(x, t) = \lim_{M\rightarrow \infty} u_M(x, t)$ solves the variational inequality [\(2.3\)](#page-3-0). Recalling Rothe's method (Lemma [2.5\)](#page-6-0) and combining results of Lemmas [3.2](#page-12-0) and [2.5,](#page-6-0) we therefore complete the proof of Theorem [3.1.](#page-12-3)

3.2.1. Discrete optimization scheme. We consider the details of the discrete optimization problem [\(3.4\)](#page-11-0) and present the scheme in the 2D case. (Note that this scheme holds in one and three dimensions similarly.) The corresponding Lagrangian problem is

$$
-\Delta_h u + \frac{u}{k} + \lambda = \frac{u_n}{k} - 1,
$$

\n
$$
\lambda_{(j_1, j_2)} < 0, \ u^{(j_1, j_2)} = 0 \qquad \forall (j_1, j_2) \in J,
$$

\n
$$
\lambda_{(i_1, i_2)} = 0, \ u^{(i_1, i_2)} \ge 0 \qquad \forall (i_1, i_2) \in I,
$$

where I and J are a disjoint partition of the grid points and Δ_h is the finite difference Laplacian. The u in the problem is the grid vector at the next time step u_{n+1} . The partitions divide those points J where the values are at the constraint and those points I (" I "" for inactive constraint) with positive solution values where the corresponding derivative of E^N must be zero. The method is an active set method, where the sets J and I are updated iteratively at each time step. Note that $\lambda_{(j_1,j_2)} < 0$ for $(j_1, j_2) \in J$ corresponds to $\partial E^N / \partial u^{(j_1,j_2)} > 0$, a necessary and sufficient condition for optimality (the KKT conditions [\[28\]](#page-26-3)). There are many techniques available to solve such quadratic optimization problems with linear inequality constraints. We take advantage of the simple structure of the problem and the fact that there is little change in the index sets from one time step to the next in the following algorithm. It is an iterative algorithm with vectors $u^{(m)}$, $\lambda^{(m)}$ at each iteration. The matrix $A = I/k - \Delta_h$, where I is the identity.

Algorithm.

Step 1 Initialize $u^{(0)} \geq 0$ (componentwise), $\lambda^{(0)} = \min\{0, \frac{u_n}{k} - 1 - Au^{(0)}\}$. Set $m = 0$. Repeat Steps 2-5 until the convergence criterion in Step 3 is reached.

Step 2 Construct the index sets

$$
J^{(m)} = \{ (j_1, j_2) : \lambda^{(m), (j_1, j_2)} < 0 \},
$$

$$
I^{(m)} = \{ (j_1, j_2) : \lambda^{(m), (j_1, j_2)} = 0 \}.
$$

For any $(i_1, i_2) \in I^{(m)}$ such that $u^{(m),(i_1,i_2)} < 0$, move (i_1, i_2) to $J^{(m)}$. Step 3 If $J^{(m)} = J^{(m-1)}$, the solution $u = u^{(m)}$. Stop. Step 4 Solve for $u^{(m+1)}$ and λ using

$$
Au^{(m+1)} + \lambda = \frac{u_n}{k} - 1,
$$

\n
$$
\lambda = 0 \text{ on } I^{(m)},
$$

\n
$$
u^{(m+1)} = 0 \text{ on } J^{(m)}.
$$

This is equivalent to solving sequentially for $(u^{(m+1)}, \lambda)$ that satisfy

$$
A_{II}u_I^{(m+1)} = \left(\frac{u_n}{k} - 1\right)_I,
$$

\n
$$
u_J^{(m+1)} = 0,
$$

\n
$$
\lambda = \frac{u_n}{k} - 1 - Au^{(m+1)}.
$$

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Here vector subscripts I and J give the subvectors with those components and A_{II} is the block of the matrix A corresponding to the I components. Step 5 Update $\lambda^{(m+1)} = \min\{0, \lambda\}$. Increment m.

THEOREM 3.4. Let $0 \leq u^{(0)} \leq u$ (componentwise). The algorithm above converges in finitely many steps.

Proof. A proof is found following closely the ideas from [\[14\]](#page-25-14) for a similar approach to the elliptic obstacle problem. Monotone behavior in the index sets $I^{(m)}$ is shown and since N is finite, the algorithm converges in finite steps. Use is made of the properties that the submatrix A_{II}^{-1} has positive entries (A_{II}) is monotone) and A_{IJ} has nonpositive entries (values zero or $-1/h^2$) for any index sets I and J. \Box

Remark 8. While the proof of iteration convergence above is limited to starting conditions $0 \leq u^{(0)} \leq u$, we implement the method with $u^{(0)} = u_n$ and starting index sets from the converged iterations at time step n . This initialization falls out of the scope of the analysis but works well (no failures, few iterations) in practice.

Remark 9. Similar index (active set) iteration methods have been used in capturing methods for other implicit boundary value problems. Two of these are discussed in section [4.](#page-9-0) A general theory for the convergence of these iteration strategies is not known, but they can perform well in practice.

3.2.2. Numerical results. We show results in one dimension with topological change in Figure [3.3.](#page-15-0) Initial conditions are

$$
u_0(x) = \begin{cases} \frac{((1/3 - x)^2 + 0.05)}{((5/12)^2 + 0.05)} & x \in [0, 3/4], \\ (1 - x)^2, & x \in [3/4, 1], \\ 0, & x \ge 1. \end{cases}
$$

A 2D example is shown in Figure [3.4.](#page-16-0) This example has more complicated topological changes described in the figure caption. Based on evidence from other computations, the limiting circular shape is generic.

Fig. 3.3. 1D solution of the OD problem with topological changes with the gradient flow method. Initial conditions are given in section [3.2.2](#page-4-0).

Fig. 3.4. A 2D solution of the OD problem with topological change computed with the gradient flow method. Solution contours are shown with time increasing from top left to bottom right. Overall solution levels decrease in time with depletion. Two topological changes occur. The first is the merger of the two disjoint sets of $u > 0$, and the second is the disappearance of the center $u = 0$ set.

4. Other implicit moving boundary value problems.

4.1. A biharmonic problem. The OD problem is the simplest second order implicit moving boundary problem. The simplest fourth order problem is the following biharmonic problem shown in one dimension for $u(x, t)$:

$$
u_t = -u_{xxxx} - 1
$$

with conditions $u = 0$, $u_x = 0$, and $u_{xxx} = 0$ at the implicitly defined moving boundary $x = s(t)$ and $u \equiv 0$ for $x > s(t)$. This can be derived from the scaled, linear, viscoelastic motion of a beam above a flat, rigid surface. Note that another boundary value problem occurs if $u_{xxx} = 0$ is replaced by $u_{xx} = 0$. However, the third order condition is correct for this application [\[25\]](#page-25-23) and also gives the gradient flow structure described below.

We consider the time discretization of this problem as in section [2.2.2](#page-4-0) and see that it is a discrete L_2 gradient flow on the energy

$$
\mathcal{E} \! := \! \int \frac{1}{2} |\Delta u|^2 + u
$$

with $u \in H_+^2$. We form a fully discrete scheme as in section [3.2](#page-3-2) and compute the discrete optimization at each time step using index iterations as described in

FIG. 4.1. Two computations at three times each for the biharmonic moving boundary value problem with physical boundary conditions $u(0) = 1$, $u_{xx} = 0$ approaching the analytic steady state solution shown in dark blue.

section [3.2.1.](#page-3-1) The convergence of the method follows the same ideas as presented for the OD problem. Some computational results are shown in Figure [4.1.](#page-17-0)

Remark 10. There has been considerable mathematical interest in the elliptic obstacle problem as discussed in the introduction. This is the steady state of the OD problem with nonzero physical boundary conditions. The steady state of the biharmonic problem (in higher dimensions) described in this section would also be mathematically interesting. Its analysis would be complicated by the lack of a maximum principle.

4.2. Vector problems. The moving boundary in complex fluids with yield stress is of implicit type and is well studied [\[11\]](#page-25-24). Numerical approaches include regularization (increased viscosity in the unyielded region) and an augmented Lagrangian approach to the nonsmooth optimization problem that comes from a discretization of a variational inequality formulation. The literature on this problem is focused on capturing the unyielded region rather than considering the moving boundary directly.

Implicit moving boundaries in porous media flow can occur when phase change is present. Boundaries between dry and two-phase (where liquid and vapor are present) regions were studied in $[12, 4]$ $[12, 4]$. The work in $[4]$ had important implications to simulations of water management in fuel cells. However, many theoretical questions were left unanswered and this became the motivation of the authors to attempt the current work.

We present below a class of implicit moving boundary value problems that generalizes the OD problem. The problems are presented in one dimension with a single moving boundary at $x = s(t)$ with $\mathbf{u}^{l}(x,t)$ having n components for $x < s(t)$ and $\mathbf{u}^r(x,t)$ having m components for $x > s(t)$. Near the interface we take

$$
\mathbf{u}_t^* = D^* \mathbf{u}_{xx}^* + \mathbf{a}^*
$$

for $*\in \{ l, r\}$, D^* positive diagonal matrices, and \mathbf{a}^* constant vectors. At the boundary, we take

$$
B\left[\begin{array}{c} \mathbf{u}^l \\ \mathbf{u}^l_x \\ \mathbf{u}^r \\ \mathbf{u}^r_x \end{array}\right] = \mathbf{0},
$$

where B is an $(m + n + 1) \times (2m + 2n)$ matrix of full rank. This class can be reached from a wider class by taking affine combinations of solution components and x , and as an approximation of some nonlinear problems. A problem statement can be made by adding far field conditions, n on the left and m on the right. With these far field conditions we label the class as $n+m$ implicit moving boundary value problems. The OD problem is the only well-defined example of the $1+0$ class. The model in [\[4\]](#page-25-26) is of class $2 + 2$, although one of the components has degenerate diffusion at the moving boundary.

There are several open questions related to problems of this type motivated by the current work on the OD problem. Which lead to well-defined problems? Which have gradient flow or variational inequality structure? Which allow a capturing formulation with index iteration similar to that described in section [3.2.1](#page-3-1) (true of the model in [\[4\]](#page-25-26))?

5. Summary. This work summarizes the ways the OD problem has been considered in the literature: with interfaces to be tracked, captured, or found as a limit of regularized problems. We fill in a gap in the list of formulations, showing that the OD problem can be considered as a gradient flow with constraint. A new numerical capturing method based on the gradient flow formulation is proposed and a convergence proof given. The equivalence of all formulations is shown. A biharmonic implicit moving boundary value problem and a class of vector problems are introduced.

- Several open problems have been presented in the work and are summarized here:
- \bullet The regularity of boundary point positions in one dimension (Conjecture [1\)](#page-9-3) and higher dimensions.
- \bullet A direct analysis of the mapped domain formulation discussed in section [2.1.2](#page-2-1) that would possibly extend to a convergence proof of its numerical approximation (section [3.1\)](#page-1-2) and an understanding of the general class of vector problems in section [4.2.](#page-10-2)
- \bullet A convergence proof for the index iteration (active set) approach that has been successful in discretizations of implicit moving boundary value problems; see Remarks [8](#page-15-1) and [9.](#page-15-2)
- \bullet A study of the biharmonic obstacle problem discussed in Remark [10.](#page-17-1)
- \bullet An understanding of the general class of vector problems introduced in section [4.2.](#page-10-2)

We hope the reader will find some of these problems of interest.

Appendix A. Proof of Proposition 2. With help from the minimality of u , we consider a competing function $u+\varepsilon \phi$ where ϕ is an arbitrary smooth function that is compactly supported inside Ω . By the definition of $E[u]$, it follows that

 $\tilde{E}[u + \varepsilon \phi] \geq \tilde{E}[u],$

that is,

(A.1)
\n
$$
\varepsilon \int_{\Omega} \nabla u \cdot \nabla \phi + \frac{\varepsilon^2}{2} \int_{\Omega} |\nabla \phi|^2 + \frac{\varepsilon}{k} \int_{\Omega} u \phi + \frac{\varepsilon^2}{2k} \int_{\Omega} \phi^2 \ge - \int_{\Omega} \left(1 - \frac{u_n}{k} \right) [(u + \varepsilon \phi)^+ - u].
$$

Note that

$$
\int_{\Omega} \left(1 - \frac{u_n}{k}\right) [(u + \varepsilon \phi)^+ - u] = \varepsilon \int_{\{u + \varepsilon \phi \ge 0\}} \left(1 - \frac{u_n}{k}\right) \phi - \int_{\{u + \varepsilon \phi < 0\}} \left(1 - \frac{u_n}{k}\right) u,
$$

and ignoring the $O(\varepsilon^2)$ terms in [\(A.1\)](#page-19-0), we have

(A.2)

$$
\varepsilon \int_{\Omega} \nabla u \cdot \nabla \phi + \frac{\varepsilon}{k} \int_{\Omega} u \phi - \varepsilon \int_{\{u + \varepsilon \phi \ge 0\}} \left(1 - \frac{u_n}{k}\right)^{-} \phi + \int_{\{u + \varepsilon \phi < 0\}} \left(1 - \frac{u_n}{k}\right)^{-} u
$$
\n
$$
\ge -\varepsilon \int_{\{u + \varepsilon \phi \ge 0\}} \left(1 - \frac{u_n}{k}\right)^{+} \phi + \int_{\{u + \varepsilon \phi < 0\}} \left(1 - \frac{u_n}{k}\right)^{+} u.
$$

In fact we have

$$
0 \leq \int_{\{u+\varepsilon\phi < 0\}} \left(1 - \frac{u_n}{k}\right)^{\pm} u < -\varepsilon \int_{\{u+\varepsilon\phi < 0\}} \left(1 - \frac{u_n}{k}\right)^{\pm} \phi,
$$

hence [\(A.2\)](#page-19-1) turns out to be

$$
\int_{\Omega} \nabla u \cdot \nabla \phi + \frac{1}{k} \int_{\Omega} u \phi - \int_{\{u + \varepsilon \phi \ge 0\}} \left(1 - \frac{u_n}{k}\right)^{-} \phi - \int_{\{u + \varepsilon \phi < 0\}} \left(1 - \frac{u_n}{k}\right)^{-} \phi
$$
\n
$$
\ge - \int_{\{u + \varepsilon \phi \ge 0\}} \left(1 - \frac{u_n}{k}\right)^{+} \phi.
$$

Moreover, we also recall that $u \geq 0$; then in the L^1 sense as $\varepsilon \to 0$,

$$
\begin{cases} \chi_{\{u+\varepsilon\phi\geq 0\}} \to \chi_{A_{\phi}\cup\{u>0\}},\\ \chi_{\{u+\varepsilon\phi< 0\}} \to \chi_{\{u=0\}\cap\{\phi< 0\}}, \end{cases}
$$

where $A_\phi := \{ u = 0 \} \cap \{ \phi \geq 0 \}$. Clearly, A_ϕ and $\{ u > 0 \}$ are disjoint. This leads to

$$
\int_{\Omega} \nabla u \cdot \nabla \phi + \frac{1}{k} \int_{\Omega} u \phi - \int_{\Omega} \chi_{A_{\phi} \cup \{u > 0\}} \left(1 - \frac{u_n}{k}\right)^{-} \phi - \int_{\Omega} \chi_{\{u = 0\} \cap \{\phi < 0\}} \left(1 - \frac{u_n}{k}\right)^{-} \phi
$$
\n
$$
\geq - \int_{\Omega} \chi_{A_{\phi} \cup \{u > 0\}} \left(1 - \frac{u_n}{k}\right)^{+} \phi,
$$

or equivalently,

(A.3)
$$
\int_{\Omega} \nabla u \cdot \nabla \phi + \frac{1}{k} \int_{\Omega} u \phi + \int_{\Omega} \chi_{A_{\phi} \cup \{u > 0\}} \left(1 - \frac{u_n}{k}\right) \phi
$$

$$
- \int_{\Omega} \chi_{\{u = 0\} \cap \{\phi < 0\}} \left(1 - \frac{u_n}{k}\right)^{-} \phi \ge 0.
$$

Define a distribution

$$
T(\phi) := \int_{\Omega} \nabla u \cdot \nabla \phi + \frac{1}{k} \int_{\Omega} u \phi + \int_{\Omega} \chi_{\{u > 0\}} \left(1 - \frac{u_n}{k} \right) \phi;
$$

then by $(A.3)$,

$$
T(\phi) \ge -\int_{A_{\phi}} \left(1 - \frac{u_n}{k}\right) \phi + \int_{\{u=0\} \cap \{\phi < 0\}} \left(1 - \frac{u_n}{k}\right)^{-} \phi.
$$

Since ϕ is arbitrary, we may replace it with $-\phi$ and as a result,

(A.4)
$$
\begin{cases} T(\phi) \ge -\int_{A_{\phi}} \left(1 - \frac{u_n}{k}\right) \phi + \int_{\{u=0\} \cap \{\phi < 0\}} \left(1 - \frac{u_n}{k}\right)^{-} \phi, \\ T(\phi) \le -\int_{\{u=0\} \cap \{\phi \le 0\}} \left(1 - \frac{u_n}{k}\right) \phi + \int_{\{u=0\} \cap \{\phi > 0\}} \left(1 - \frac{u_n}{k}\right)^{-} \phi. \end{cases}
$$

Therefore, $|T(\phi)| \leq C ||\phi||_{\infty}$ for some positive constant C; thus by a density argument we derive that T is a radon measure, i.e., there exists a density function $\rho (x)$ such that

$$
T(\phi)=\int_\Omega \rho \phi \ dx.
$$

However, by [\(A.4\)](#page-20-1), we get $\rho = 0$ a.e. in $\{ u > 0\}$; moreover, by the definition of T we get $\rho = 0$ a.e. in $\{ u = 0\}$. This shows that $T(\phi) = 0$, or

$$
-\Delta u + \frac{1}{k}u + \chi_{\{u>0\}}\bigg(1-\frac{u_n}{k}\bigg) = 0
$$

in the weak sense. Equivalently,

$$
\frac{u - u_n \cdot \chi_{\{u>0\}}}{k} = \Delta u - \chi_{\{u>0\}}.
$$

Appendix B. Proof of Theorem 2.6. As the discussion in section [2.2.3](#page-7-0) showed, $u = \lim_{\epsilon \to 0} u_{\epsilon}$ exists pointwise by monotonicity. It remains to show u is the solution to (2.3) , that is,

$$
\int_0^t \int_{\Omega} \partial_t u \cdot (v - u) + \int_0^t \int_{\Omega} \nabla u \cdot \nabla (v - u)
$$

\n
$$
\geq \int_0^t \int_{\Omega} u - v; \ \forall \ v \in \mathcal{J}, \ \text{a.e.} \ t \in (0, T).
$$

Intuitively, suppose that f is a smooth approximation; then by maximum principle $|\nabla u_\epsilon| \leq \sup_\Omega |\nabla u_0|$ for any $x \in \Omega$ and $\epsilon > 0$. Thus $|\nabla u| \leq \sup_\Omega |\nabla u_0|$; therefore, by Dini's theorem, such convergence is uniform, and as a result, $u \in \mathcal{J}$ because u also satisfies the boundary condition and initial condition. Once we have such uniform boundedness of ∇u_ϵ , ∇u_ϵ converges to ∇u weakly and as a result,

$$
\lim_{\epsilon} \int_0^t \int_{\Omega} \nabla u_{\epsilon} \cdot \nabla (v - u) = \int_0^t \int_{\Omega} \nabla u \cdot \nabla (v - u)
$$

and

$$
\lim_{\epsilon} \int_0^t \int_{\Omega} -f_{\epsilon}(u_{\epsilon}) \cdot (v-u) = -\int_0^t \int_{\Omega} \chi_{\{u>0\}} \cdot (v-u) = -\int_0^t \int_{\Omega} v - u + \int_0^t \int_{\Omega} \chi_{\{u=0\}} \cdot v.
$$

Indeed we have weak convergence of $\partial_t u_\epsilon$ thanks to the equation

$$
\lim_{\epsilon} \int_0^t \int_{\Omega} \partial_t u_{\epsilon} \cdot (v - u) = \lim_{\epsilon} \int_0^t \int_{\Omega} -f(u_{\epsilon}) \cdot (v - u) - \nabla u_{\epsilon} \cdot \nabla (v - u).
$$

Since u_{ϵ} converges to u pointwise and strongly in $L^2((0,T);L^2(\Omega))$, then up to a subsequence

$$
\lim_{\epsilon} \int_0^t \int_{\Omega} \partial_t u_{\epsilon} \cdot (v - u) = \int_0^t \int_{\Omega} \partial_t u \cdot (v - u).
$$

Note that since $v \geq 0$,

$$
-\int_0^t \int_{\Omega} \chi_{\{u>0\}} \cdot (v-u) \ge -\int_0^t \int_{\Omega} v-u,
$$

therefore

$$
\int_0^t \int_{\Omega} \partial_t u \cdot (v - u) + \int_0^t \int_{\Omega} \nabla u \cdot \nabla (v - u)
$$

\n
$$
\geq \int_0^t \int_{\Omega} u - v; \ \forall \ v \in \mathcal{J}, \ \text{a.e.} \ t \in (0, T).
$$

It then suffices to show the H^1 uniform boundedness of u_ϵ , i.e., the H^1 bound of u_ϵ is independent of ϵ . To see this without using smooth $f(u_\epsilon)$ we write down u_ϵ in the mild form:

$$
u_{\epsilon}(t) = e^{t\Delta}u_0 + \int_0^t e^{(t-s)\Delta}(f_{\epsilon}(u_{\epsilon})) ds,
$$

where $e^{t\Delta}$ represents convolution with heat kernel. As a result, for any first order differential operator D we have

$$
Du_{\epsilon} = De^{t\Delta}u_0 + \int_0^t De^{(t-s)\Delta}(f_{\epsilon}(u_{\epsilon})) ds
$$

and hence

$$
||Du_{\epsilon}||_2 \le ||De^{t\Delta}u_0||_2 + \int_0^t ||De^{(t-s)\Delta}f(u_{\epsilon})||_2 ds.
$$

Note that since $e^{t\Delta} u_0$ solves the standard heat equation with initial data u_0 , we have

$$
||De^{t\Delta}u_0||_2 = ||e^{t\Delta}Du_0||_2 \lesssim ||Du_0||_2 \lesssim 1
$$

for any $t \in (0, T)$. On the other hand,

$$
||De^{(t-s)\Delta}f(u_{\epsilon})||_2 \lesssim ||De^{(t-s)\Delta}f(u_{\epsilon})||_{\infty} = |K * f(u_{\epsilon})|,
$$

where K is the kernel corresponding to $De^{(t-s)\Delta}$. Since $|f| \leq 1$,

$$
|K * f(u_{\epsilon})| \le ||K||_2 \cdot ||f(u_{\epsilon})||_2
$$

\$\lesssim ||K||_2\$.

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We see that from the Fourier side

$$
||K||_2^2 \lesssim \sum_{k \in \mathbb{Z}^d} |k|^2 e^{-2(t-s)|k|^2}
$$

=
$$
\sum_{|k| \ge 1} |k|^2 e^{-2(t-s)|k|^2}
$$

$$
\lesssim \int_1^\infty e^{-2(t-s)r^2} r^{1+d} dr.
$$

For the 1D case, first we observe that

$$
\int_{1}^{\infty} e^{-2(t-s)r^{2}} r^{2} dr = \frac{\sqrt{2\pi} [1 - \text{erf}(\sqrt{2(t-s)})] + 4\sqrt{t-s}e^{-2(t-s)}}{16(t-s)^{3/2}} \n\lesssim \frac{1 - \text{erf}(\sqrt{2(t-s)})}{(t-s)^{3/2}} + \frac{e^{-2(t-s)}}{t-s},
$$

where $\text{erf}(x) = \frac{2}{\sqrt{\pi}} \int_0^x e^{-t^2} dt$, the Gauss error function. Therefore,

$$
||De^{\gamma \Delta} f(u_{\epsilon})||_2 \lesssim \frac{\left(1 - \text{erf}(\sqrt{2(t-s)})\right)^{1/2}}{(t-s)^{3/4}} + \frac{e^{-(t-s)}}{(t-s)^{1/2}}.
$$

Now we would assume $t \geq 1$, as the other case $t < 1$ is easier. Letting $\gamma = t - s$, we split the following integral into two parts:

$$
\int_0^t \|De^{\gamma \Delta} f(u_\epsilon)\|_2 \ d\gamma = \int_0^1 \|De^{\gamma \Delta} f(u_\epsilon)\|_2 \ d\gamma + \int_1^t \|De^{\gamma \Delta} f(u_\epsilon)\|_2 \ d\gamma.
$$

(i) Then we have

$$
\frac{\left(1-\text{erf}(\sqrt{2\gamma})\right)^{1/2}}{\gamma^{3/4}}\lesssim \frac{e^{-\gamma}}{\gamma^{5/4}},
$$

thus

$$
\int_{1}^{t} \|De^{\gamma \Delta} f(u_{\epsilon})\|_{2} d\gamma \lesssim \int_{1}^{t} \frac{e^{-\gamma}}{\gamma^{3/4}} + \frac{e^{-\gamma}}{\gamma^{1/2}} d\gamma
$$

$$
\lesssim \int_{1}^{t} \frac{e^{-\gamma}}{\gamma^{1/2}} d\gamma
$$

$$
\lesssim \int_{1}^{\infty} \frac{e^{-\gamma}}{\gamma^{1/2}} d\gamma
$$

$$
\lesssim 1.
$$

(ii) We use another estimate for $\| K \ast f(u_\epsilon)\|_2$. We compute from the Fourier side:

$$
||K * f(u_{\epsilon})||_2^2 = \sum_{|k| \ge 1} |k|^2 e^{-2\gamma |k|^2} |\widehat{f(u_{\epsilon})}(k)|^2
$$

\n
$$
\le \max_{|k| \ge 1} \left\{ |k|^2 e^{-2\gamma |k|^2} \right\} \cdot \sum_{|k| \ge 1} |\widehat{f(u_{\epsilon})}(k)|^2
$$

\n
$$
\lesssim \max_{|k| \ge 1} \left\{ |k|^2 e^{-2\gamma |k|^2} \right\} \cdot ||f(u_{\epsilon})||_2^2
$$

\n
$$
\lesssim \max_{|k| \ge 1} \left\{ |k|^2 e^{-2\gamma |k|^2} \right\}.
$$

Define $g(x) = x^2 e^{-2\gamma x^2}$, where $x \geq 0$. Then,

$$
g'(x) = xe^{-2\gamma x^2} \left(1 - 2\gamma x^2\right);
$$

this shows the maximum is achieved at $x = \frac{1}{\sqrt{2\gamma}}$ and hence (1) 1

$$
g(x) \le g\left(\frac{1}{\sqrt{2\gamma}}\right) \le \frac{1}{\gamma},
$$

thus

$$
||De^{\gamma \Delta} f(u_{\epsilon})||_2 \lesssim \frac{1}{\sqrt{\gamma}}.
$$

As a result,

$$
\int_0^1 \|De^{\gamma \Delta} f(u_\epsilon)\|_2 \ d\gamma \lesssim \int_0^1 \frac{1}{\sqrt{\gamma}} \ d\gamma \cdot \|f(u_\epsilon)\|_2 \lesssim 1.
$$

Similar arguments can be applied to the 2D and 3D cases. In what follows,

$$
||Du_{\epsilon}||_2 \lesssim 1
$$

for any $t \in (0, T)$ and the bound is independent of ϵ .

Appendix C. Another proof of the regularization result. We recall the variational inequality setting [\(2.3\)](#page-3-0), that is, to solve $u \in H_+^1(\Omega)$,

$$
\int_0^t \langle \partial_t u - \Delta u + 1, v - u \rangle \ge 0 \,\,\forall \,\, v \in \mathcal{J}.
$$

As in [\[13\]](#page-25-15), it then has an equivalent formulation, that is, to solve $u(t)$ and $\lambda^*(t)$,

(C.1)
$$
\begin{cases} \partial_t u - \Delta u + 1 = -\lambda^*(t) \ge 0, \\ u \ge 0, \ \langle u(t), \lambda^*(t) \rangle = 0 \ \forall \ t > 0. \end{cases}
$$

To approach this, we introduce a regularized approximation family; we aim to find u_c for any $c > 0$ such that the following holds weakly:

$$
\partial_t u_c - \Delta u^c + 1 + \min(0, -1 + cu^c) = 0.
$$

By defining $\lambda^c = \min (0, -1 + cu^c)$, we can rewrite the above scheme as

$$
\partial_t u^c - \Delta u^c + 1 + \lambda^c = 0.
$$

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It is typical to write the regularization term in this way in some literature, but the approach is the same as the regularization in section [2.2.3](#page-7-0) with $c = 1/\epsilon$. We then discretize it in time: for any $\phi \in H^1$, the following holds:

(C.2)
$$
\left\langle \frac{u_{n+1}^c - u_n^c}{k}, \phi \right\rangle + \left\langle \nabla u_{n+1}^c, \nabla \phi \right\rangle + \left\langle 1, \phi \right\rangle + \left\langle \min(0, -1 + cu_{n+1}^c), \phi \right\rangle = 0,
$$

where u_0^c is chosen to be u_0 . We write u_n instead of u_n^c for simplicity. Note that the operator $A(u) := \frac{u}{k} - \Delta u + \min(0, -1 + cu)$ is coercive and monotone. As a result, there exists a unique solution $u_{n+1} \in H^1$ for sufficiently small $k > 0$ independent of $c > 0$. To show $u_{n+1} \in H^1_+(\Omega)$, we prove by induction. Assuming $u_n \in H^1_+(\Omega)$, we test the $(C.2)$ with (u_{n+1}) . Therefore we derive that

$$
\frac{1}{k} \langle u_{n+1}, (u_{n+1})^- \rangle + \langle \nabla u_{n+1}, \nabla (u_{n+1})^- \rangle + \langle 1, (u_{n+1})^- \rangle
$$

+ $\langle \min(0, -1 + cu_{n+1}), (u_{n+1})^- \rangle$
= $\frac{1}{k} \langle u_n, (u_{n+1})^- \rangle \le 0.$

We observe that $\langle \nabla u_{n+1}, \nabla (u_{n+1})^- \rangle = \langle \nabla (u_{n+1})^- , \nabla (u_{n+1})^- \rangle \geq 0$. Moreover, $\langle 1,(u_{n+1})^{-} \rangle + \langle \min(0, -1 + cu_{n+1}), (u_{n+1})^{-} \rangle = c\langle (u_{n+1})^{-}, (u_{n+1})^{-} \rangle \geq 0.$ We thus obtain that $\langle u_{n+1},(u_{n+1})^- \rangle \leq 0$ and hence $u_{n+1} \in H^1_+(\Omega)$. We then define

$$
u_M^c(x,t) = u_n + \frac{t - nk}{k}(u_{n+1} - u_n) \text{ for } t \in [nk, (n+1)k),
$$

where $M = T/k$. By the same argument in Lemma [2.5,](#page-6-0) we have u_M^c converges to function u^c in $L^2(0,T;H^1)$ as $M \rightarrow \infty$ up to a subsequence. In fact, it is easy to see that u_c is the solution to [\(C.2\)](#page-24-0). On the other hand, we show that u^c converges to u^* as $c \rightarrow \infty$.

THEOREM C.1 (monotonicity). Let u_{n+1}^c and u^c be defined as above. If $0 <$ $c \leq b$, then $u_{n+1}^c \geq u_{n+1}^b$ for all $n = 0, 1, 2, \ldots$ Therefore $u^c(t) \geq u^b(t)$ as a direct application.

Proof. The proof is given by induction. Suppose $u_n^c \geq u_n^b$ and for each n define λ_n^c by

$$
\lambda_{n+1}^c = \min(0, -1 + cu_{n+1}^c).
$$

Then the proof is similar to the one showing $u_{n+1}^c \geq 0$; we have that

$$
\frac{1}{k} \langle u_{n+1}^c - u_{n+1}^b, (u_{n+1}^c - u_{n+1}^b)^- \rangle + \langle \nabla (u_{n+1}^c - u_{n+1}^b), \nabla (u_{n+1}^c - u_{n+1}^b)^- \rangle \n+ \langle \lambda_{n+1}^c - \lambda_{n+1}^b, (u_{n+1}^c - u_{n+1}^b)^- \rangle = \frac{1}{k} \langle u_c^n - u_n^b, (u_{n+1}^c - u_{n+1}^b)^- \rangle \le 0.
$$

Note that $cu_{n+1}^c - bu_{n+1}^b \leq cu_{n+1}^c - cu_{n+1}^b$ for $c \leq b$ and hence $\langle \lambda_{n+1}^c - \lambda_{n+1}^b, (u_{n+1}^c - u_{n+1}^b - u_{n+1}^b, u_{n+1}^c - u_{n+1}^b, u_{n+1}^c - u_{n+1}^b, u_{n+1}^c - u_{n+1}^b - u_{n+1}^b \rangle$ $(u_{n+1}^b)^{-} \rangle \geq 0$. We thus obtain that $u_{n+1}^c \geq u_b$.

As a corollary of the monotonicity, we obtain the existence of $u(t)$ and show that it solves [\(C.1\)](#page-23-1). Uniqueness can be proved similarly as in [\[13\]](#page-25-15).

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